

# MY GROCERY LIST



## Meats

- bacon
- sausage
- hot dogs
- cheese \_\_\_\_\_
- Claussen pickles
- lunch meat
- deli meat
- deli cheese
- chicken whole
- chicken breast
- steaks
- roast
- hamburger meat
- SEAFOOD \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Fruit and Vegetables

- Lettuce
- Tomatoes
- Cucumbers
- Carrots BIG / BABY
- Mushrooms
- Onions
- Parsley/Cilantro
- Green onions
- Garlic
- VEG for dinner
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## FRUIT

- Lemons
- Apples
- Bananas
- Limes
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## MISCELLANEOUS

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



## GROCERY STOPS

- BAKERY \_\_\_\_\_
- PHARMACY \_\_\_\_\_
- VIDEO \_\_\_\_\_
- GARDEN CTR. \_\_\_\_\_
- PARTY/CARDS \_\_\_\_\_
- BEAUTY \_\_\_\_\_
- FLORAL \_\_\_\_\_
- FILM \_\_\_\_\_
- DELI \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- HOUSEHOLD \_\_\_\_\_
- BEER/WINE \_\_\_\_\_
- Personal Care Items**
- Deodorant
- Shaving cream
- Soap
- Feminine items
- Razors
- \_\_\_\_\_
- \_\_\_\_\_

## Frozen

- French fries
- Frozen Pizza
- Cool Whip
- Ice Cream \_\_\_\_\_
- Froz. Veg \_\_\_\_\_
- Frozen Meals \_\_\_\_\_
- Garlic bread
- Limeade
- Lemonade
- \_\_\_\_\_
- \_\_\_\_\_

## Dairy

- Milk
- Cream/Sour Cream
- Eggs
- Orange juice
- Yoghurt
- cheese \_\_\_\_\_
- Butter
- Margarine – tub
- Margarine – stick
- Piecrust
- Biscuits
- \_\_\_\_\_
- \_\_\_\_\_

## Cleaning Items/PETS

- Dish soap
- Dishwasher soap
- Dishwasher rinse aid
- Sponges
- Laundry detergent
- Dryer sheets

- Pet food/treats
- Kitty Litter
- Furniture polish
- Cleaner \_\_\_\_\_
- \_\_\_\_\_

**Plastic/Paper**

- Baby Wipes
- Toilet paper
- Paper towels
- Tissues
- Paper plates
- Dinner napkins
- Storage bags
- Quart GAL Sandwich
- snack Lunch bags (brn)
- Plastic wrap
- Parchment Paper
- Foil
- \_\_\_\_\_
- \_\_\_\_\_

**Crackers/Cookies/Chips**

- Saltine crackers
- Snack items
- Tortilla chips
- Potato chips Kids/Bag
- Popcorn
- Nuts
- \_\_\_\_\_
- \_\_\_\_\_

**Cold Drinks**

- Ginger ale
- Kool Aid/Drinks
- Sparkling Water
- Bottled Water
- \_\_\_\_\_
- \_\_\_\_\_
- Crackers for cheese/dip
- cookies \_\_\_\_\_

**Hot Drinks**

- Coffee
- Tea \_\_\_\_\_
- Hot chocolate
- \_\_\_\_\_
- \_\_\_\_\_

**Candy**

- \_\_\_\_\_
- \_\_\_\_\_

**Fruit Drinks**

- Fruit drink \_\_\_\_\_
- Juice
- \_\_\_\_\_
- \_\_\_\_\_

**Sweet & Cereals**

- Preserves \_\_\_\_\_
- Peanut Butter
- Cereal
- Oatmeal \_\_\_\_\_
- Pancake mix/Syrup
- Pudding pack./granola
- bars

**Baking/Staples**

- Sugar
- Flour
- Oil VEG OLIVE
- Shortening
- PAM spray
- Cake/Bake mix \_\_\_\_\_
- Chocolate chips
- Baking chocolate
- Coconut
- Cocoa powder
- Brown sugar
- Karo syrup W D
- Bread crumbs
- Jell-O \_\_\_\_\_
- \_\_\_\_\_

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**Seasonings/Spices**

- Salt
- Pepper
- Vanilla
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**Alcohol**

- Beer
- Wine
- Champagne
- \_\_\_\_\_
- \_\_\_\_\_

**Canned Goods**

- Beans \_\_\_\_\_
- Mushrooms
- tomatoes \_\_\_\_\_
- Tomato sauce (plain)
- SMALL LARGE
- Tomato sauce (Italian)
- CRUSHED PUREE
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- Vienna sausage
- Tuna
- \_\_\_\_\_
- Ramen noodles
- Broth CHICK BEEF
- Soup
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



**Fruit**

- Pineapple
- Raisins mini/Reg
- Can fruit/fruit cups
- Apple sauce
- \_\_\_\_\_

**Noodles/Pasta/Rice**

- Spaghetti
- Pasta \_\_\_\_\_
- Pasta/Rice Mix \_\_\_\_\_
- Beans \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- Rice White Wild

**Sauces/Mixes**

- Salsa
- \_\_\_\_\_
- \_\_\_\_\_

**Condiments/Dressings**

- Pickles \_\_\_\_\_
- Pickle relish
- Green olives
- Black olives
- Hot sauce: Tobasco
- bbq sauce
- Salad dress. \_\_\_\_\_
- Mayonnaise Reg/Lite
- Mustard \_\_\_\_\_
- Vinegar R W B
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**Breads/Tortillas**

- Bread
- Buns/Rolls
- Tortillas
- \_\_\_\_\_
- \_\_\_\_\_